

Activities using paper packet materials in green

Activities located on seesaw in orange

# June 1- June 4

	Monday	Tuesday	Wednesday	Thursday
Reading and Writing	Read aloud <i>Bernstein Bears on Seesaw</i>	Put out flour, cornstarch, sugar or salt on a tray. Help your child write their name with a finger or popsicle stick. (see sensory)	Take a walk, drive or pull up pictures on your phone/tablet of signs that your child might recognize- STOP, Target, McDonalds. Identify what the sign is.	<i>Green book #2 (pg. 79)</i> <i>Describe a scene: camping</i>
Communication	Practice UP and DOWN. Help your child hold their arms up and then down. Help your child hold a toy up and then down.  <i>Any of the optional Boardmaker Worksheets for "Food Choices" on seesaw</i>	Practice "next to". Stand next to your child and say, "I'm next to you." Then help your child put a toy next to another toy and say what your child is doing aloud. (see math)  <i>Any of the optional Boardmaker Worksheets for "Food Choices" on seesaw</i>	Practice farewells. Practice saying "bye" and waving.  <i>Any of the optional Boardmaker Worksheets for "Food Choices" on seesaw</i>	Practice "come here" with a gesture and words. Have another person in your house stand on the other side of the room and help your child do the "come here" gesture to call the other person over to him/her.  <i>Any of the optional Boardmaker Worksheets for "Food Choices" on seesaw</i>
Math	<i>Dino pattern activity on seesaw</i>	<i>Double sided Insect: How many? And Lady bug dots: count and circle the number.</i>	Practice pointing to triangle, circle and square.	Look at a toy animal or a picture of an animal and count the legs. And <i>What do plants need activity on seesaw</i>
Sensory	Explore smells today. Smell 4 different items inside or outside(ex: food, vanilla, shampoo, toothpaste, flowers, grass etc.)	Put whatever you used for writing into a bowl and add water. Let your child squish with their hands or add waterproof toys to the mix.	Bury "treasure" (small toys, fake jewelry) in the yard or in a bin of dirt, flour, oatmeal, or playdough and let your child find them and wash them off. Try putting bare feet into sensory bin.	Have your child help blow bubbles after the wait activity. (See social skills and gross motor)
Fine Motor/Craft	Popsicle Dino Craft. <i>Materials in paper packet</i> <i>Instructions on Seesaw</i>	<i>Space: color, trace, cut</i>  <i>Trace #3</i>	<i>Trace the lines: stars</i>  <i>Cut the line bee to hive.</i>	Shape Turtle Craft project. <i>Materials in Paper packet, Instructions on SeeSaw</i>
Gross Motor	Pretend with your child that you are robots. Walk with straight legs and straight arms.	Play catch or kick a ball back and forth. (See social skills.) Hang ball or balloon from string and hit or kick it, try to catch.	Practice the difference between walk and run.	Use bubbles. Have your child wait while you count to 3 before they run and pop them. (See behavior)

# June 1- June 4

			Run fast like a Cheetah, walk slow like an elephant (stomp), tip toe like a cat (quiet)	
Social Skills/ Behavior	Give your child a puzzle or task. When they ask for help, tell them to "keep trying" before intervening to help them.	Identify emotions that you see in your child by naming them aloud. "You are happy...you are sad..." or pretend you are happy and sad and name the different emotions as you pretend. <a href="#">Labeling emotions activity on seesaw</a>	Lay on the floor with your child and have your child feel his/her own belly as they take deep breaths. Have them place a bean bag or stuffed animal on their belly and hold it as it goes up and down with their breaths. You may be able to use this as a calm down strategy later.	Practice waiting. Blow some bubbles and say "wait...1, 2, 3, go!" (See gross motor)
Self Help Skills	Identify familiar people. Show your child pictures of people or have people who live with you in the room. Help your child point to the person as they are named.	Have your child clear place and put items in sink.	Practice getting one Kleenex or a small amount of toilet tissue to wipe his/her nose. Practice "blowing" nose into kleenex.	Have your child go get and/or put on shoes and/or jacket (if needed) to go outside to blow bubbles.